

LAUNCH SESSION · COHORT 1

Empower

Career Development Program

JULY 9, 2026 · 2 HOURS · ZOOM



TODAY IS ABOUT THREE THINGS

01

Meet

Get to know us, and each other.

02

Orient

A clear picture of the program, and how to get the most from it.

03

Get Clear

Start naming what you want out of this cycle.

LET'S BEGIN

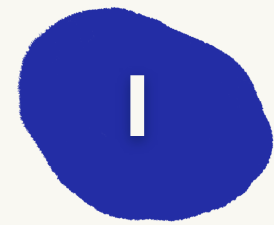
Introductions

Share your name, pronouns, your role this cycle, and tell us something good that's happened to you in the last 24 hours.

(Anything counts: big or tiny, work or life.)



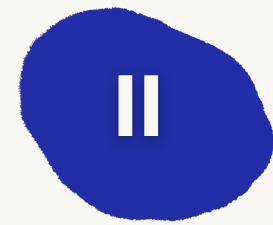
THE PROGRAM IN FOUR PHASES



Launch

JULY 9 · TODAY

Meet the cohort, get oriented, and set your intentions for your own learning and growth this cycle.



Training

JUL 30 · AUG 18 · SEP 2

Three workshops exploring the progressive ecosystem, career tracks, and job searching.



Coaching

AUG-OCT · OPT-IN

Three 1:1 sessions, about two weeks apart, to talk both career and current leadership challenges.



Transition

NOVEMBER

Three workshops prepping to gather manager feedback, your own story, and a job-search plan.



WHAT YOU'LL WALK AWAY WITH

01 A sense of where you're interested in exploring the **progressive ecosystem** for future roles.

02 Space to consider your **strengths, values**, and the work that feels sustaining to you.

03 The ability to **talk about your Empower experience** compellingly.

04 A plan to gather **feedback from your manager**, and a summary of what you've learned this cycle.

05 A **job-search plan** with space to consider how you'll build your network.

06 A connected **peer cohort** that can choose to share leads, make introductions, and invest in one another.

WE WEAR TWO HATS

As Facilitators

In group sessions, we tend to the cohort's learning — teaching, good conversation, and a room where you can be honest.

As Coaches

In opt-in 1:1s, we switch hats. It's confidential, it's about you, and it's driven by your goals.

This Is

Orientation, structured reflection, skill-building, individualized support, and a real plan for what's next.

This Isn't

A job guarantee, a performance review, or therapy. Coaching is confidential and separate from Empower.

HOW WE TAKE CARE OF EACH OTHER

IN SESSIONS

- Cameras on when you can.

- Notifications off.

- Bring snacks & water.

FOR COACHING

- Cancel at least 24 hours ahead.

- You own scheduling & rescheduling.

- Zoom, phone, or a walk-and-talk.

Anything you'd add to make this a group you want to show up for?

INTO BREAKOUT ROOMS

Take a moment at the top of your conversation to assign two roles: a **recorder** to take notes, and a **reporter** to share back.

Ecosystem

When you picture the ‘progressive political ecosystem,’ what’s on your map, and what feels like a blank spot you’d like filled in?

Career Pillars

Of the pillars – field, communications, data, fundraising, operations – which are a mystery? What questions do you have about them?

Networking & Job Search

What’s your current relationship to networking and job searching – is it energizing, does it create dread, or neither? What would make it feel more doable?

FOR EVERYONE, IN EVERY GROUP

What’s a thing you’re hoping to learn or get better at during this cycle?



FIVE QUIET MINUTES

Baseline Survey

Please take 5 minutes to answer a few questions. Your answers will help us build this program around you, and give us a starting line to measure against.



TO CLOSE

What Are You Hopeful For?

A word or a sentence, about this work we'll be doing together or anything else giving you hope in this moment.



WHAT HAPPENS NEXT

Thank You

- **Calendar invites** for all three Training, and all three Transition sessions.
- A **follow-up email** with the program landing page link; everything you need will be there.
- If you indicated interest in **coaching**, you'll see a link to schedule your first session in that follow-up email.

